

Success Story



“Our son is doing GREAT. His connectedness, his language, his brightness, his interactions are all at a new level. He reads entire books to me himself. He’s got friends — all the work that you did with him over the past year is bearing fruit...the little guy’s coming through!”

Parent of Client, CHC Clinic

Andy’s family first came to the Children’s Health Council several years ago for help. His parents knew that their son had a negative view of the world, but they didn’t know that he had a bipolar disorder and suffered from mood and anxiety problems. His learning difficulties included dyslexia and ADHD, which had not been identified yet. Andy’s parents questioned themselves. They felt overwhelmed. Andy felt overwhelmed. Neither child nor parents could understand why.

When Andy’s family came to the Children’s Health Council, the first step was to assess the issues Andy was facing. Next, CHC clinicians recommended individual and family therapy as part of his treatment. Now, Andy is 11 years old and a student at CHC’s Esther B. Clark School where he is getting the help he needs to thrive. At home, his family is reinforcing the positive behavior methods used at school, and their lives are taking on a new structure that is benefiting them all.

Andy’s mother credits the skilled staff at CHC with helping her learn the skills necessary to be a better parent of a special needs child. The staff’s empathy and support have kept her grounded during difficult periods these last few years. She smiles and says, “Staff members have huge hearts and tremendous expertise.”



Contact Information

Children’s Health Council

650 Clark Way
Palo Alto, CA 94304
Phone: 650.326.5530 Fax: 650.688.0206
Email: info@chconline.org www.chconline.org

Access, Information and Referral

Phone: 650.688.3625

Outpatient Clinic

Phone: 650.688.3625 Fax: 650.688.0206
Email: intake@chconline.org

Esther B. Clark School

Phone: 650.322.3065 Fax: 650.322.4329
Email: ebschool@chconline.org

Educational Services

Phone: 650.688.3675 Fax: 650.688.0206

Outcomes Measurement and Research

Phone: 650.688.3629 Fax: 650.688.0206

Development and Community Relations

Phone: 650.326.0643 Fax: 650.617.3893

Human Resources

Phone: 650.617.3886 Fax: 650.688.3676
Email: hr@chconline.org

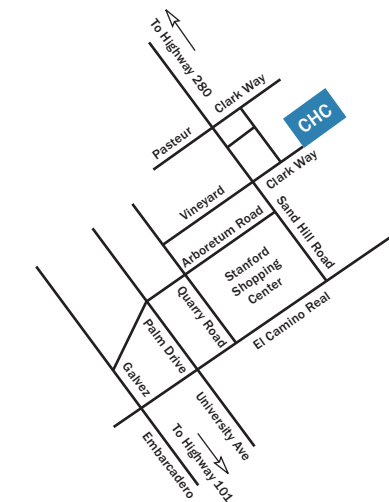
Our employees are the heart of CHC. They are talented and committed to making a difference in a child’s life. If you are interested in joining our team, please contact our Human Resources Department or check our website for more information on positions currently available at CHC.

CHC Auxiliary

Phone: 650.617.3816 Fax: 650.617.3893

The Bargain Box (resale store benefiting CHC)

341 California Avenue
Palo Alto, CA 94306
Phone: 650.326.0458
Store Hours: Monday - Friday 10 am - 4 pm
Saturday 12 noon - 4 pm



From Highway 101

Exit Embarcadero West toward Stanford University. Continue until Embarcadero turns into Galvez Street at El Camino Real. Turn right onto Arboretum Road. Turn left on Sand Hill Road. Take a right at stoplight onto Clark Way. Continue to end of driveway into CHC parking lot.

From Highway 280

Exit Sand Hill Road East. Continue past Alameda de las Pulgas/Santa Cruz Avenue and Pasteur/Clark Way. Take left at stoplight onto Clark Way. Please note to use second Clark Way entrance (opposite Vineyard Road).

Business Hours

Monday - Thursday 8:00 am - 9:00 pm
Friday 8:00 am - 6:00 pm
Saturday* 9:00 am - 1:00 pm

*excluding holiday weekends



The Children's Health Council (CHC) was founded in 1953 with the belief that all children deserve the opportunity to reach their full emotional, educational and developmental potentials within their own families and communities. Our mission is to make a measurable difference in the lives of children and their families who face developmental, behavioral, emotional and learning challenges.

Every year, the Children's Health Council serves over 1,400 clients from around the San Francisco Bay Area and provides information and referrals to thousands more.

The Outpatient Clinic at CHC provides assessment and treatment services for children and adolescents who struggle with emotional, developmental, behavioral and educational issues. Assessment and treatment services are offered in single as well as multiple disciplines and treatment modalities including: psychiatry, psychology, neuropsychology, social work, education, behavior management, family therapy, speech and language therapy, occupational therapy and art therapy. We have particular expertise in: the 0-5 age group; children of all ages with Autistic Spectrum Disorders; pre-school, school-aged and adolescent group therapy; and the psychological and educational difficulties of children with serious medical illnesses.

Access, Information and Referral

Representing the initial entry point into CHC, expert staff in the CHC Access Department answer more than 4,000 calls a year from parents and caregivers, offering them encouragement, a referral to other community resources or information about how CHC can help their child. The department assists with scheduling appointments, financial counseling, insurance matters and CHC financial assistance.

The Program for Children with Complex Medical Problems (CCMP)

Children who have experienced life-threatening and/or chronic medical conditions or injuries are often at risk for psychosocial and educational problems. The CCMP Program offers unique therapeutic services to address such issues. In addition, CCMP works with referring subspecialist physicians and teachers to insure a collaborative approach to the care of these children.

The Groups Program

For children and adolescents dealing with various developmental or behavioral challenges, CHC provides group therapy to children who need help with developmental delays, Asperger's/Autism, behavioral difficulties, learning disabilities, anxiety, depression, communication/speech and language issues or Kindergarten readiness.

Behavioral Management Programs

In the Behavioral Consulting Program, therapists trained in Applied Behavioral Analysis conduct assessments, develop behavior plans and recommend interventions to parents concerned with their children's behavioral needs at home and at school.

In the Behavioral Specialist Outreach Program, behavioral specialists work in K through 12th grade classrooms in the community, partnering with teachers and therapists to encourage students to make positive behavior choices and to establish a comfortable learning environment.

Professional Training

CHC serves as a training site for future and current professionals who work with children and their families. Our professional training programs include pre- and post-doctoral child psychology internships and fellowships as well as speech and language clinical fellowships. CHC is also a training placement site for Stanford Child and Adolescent Psychiatry and Child Development Fellows.

Kids FirstSM

Kids FirstSM is a new program at CHC that helps families going through separation and divorce remain focused on the long term well-being of their children.



The Educational Services division provides training and resources to hundreds of parents and professionals in both mental health and education each year.

Schools Attuned[®]

CHC is a regional training site for Dr. Mel Levine's Schools Attuned[®] Program. The Schools Attuned[®] Program from All Kinds of Minds[®] is a 35-hour course that prepares educators to meet the diverse learning needs of all students in the classroom. This groundbreaking professional development and service delivery program for K-12 educators can help teachers understand, identify and address differences in learning to help all students achieve success in the classroom and in life.

Parent Education

The Parent Education Program at the Children's Health Council offers parenting classes that cover a wide variety of topics concerning children from birth through adolescence. Parents may need advice and guidance to help their children through unfamiliar or challenging situations during various developmental stages. Our goal is to provide parents with answers and information to support their involvement in the growth and development of their children.

Located onsite at CHC, the Esther B. Clark School is a therapeutic day school for children with significant emotional, behavioral and/or learning challenges. These children are referred to the EBC School by local school districts and/or their parents because they are not able to function in their neighborhood schools. Usually within one to two years, they have learned the skills they need to successfully transition back to their public school classrooms.

A key component of the program is the requirement that families participate in both therapy and the behavioral program to support the efforts of the teachers, behavior specialists and therapists who work with their children.

Therapeutic After-School Program (TAP)

During the after-school hours, TAP provides an excellent opportunity for students to complete homework, learn new skills and develop social skills in a structured and supportive environment. Administered by the staff at the Esther B. Clark School, TAP activities include: Homework Club, Computer Lab, Music and Art therapeutic interventions, Cooking and Crafts, Sports and Chess Clubs.



CHC established the Outcomes Measurement and Research (OM&R) Department in 1997 in an effort to accurately describe the children and families we serve and to measure the effectiveness of our educational, behavioral and mental health services. Results from outcomes research are used to improve existing services and to plan for new programs. OM&R not only coordinates our evaluation of the quality, impact and feasibility of new and existing services, but it also contributes to the ongoing exchange among professionals in healthcare, scientific and policy arenas.

CHC Outcomes Research Consulting Services (CORCS)

One of several OM&R programs, CORCS provides consultative services to help other community-based, nonprofit organizations apply evaluation research principles and strategies to specific projects or to cross-agency efforts. CORCS offers training and support to help child and family service organizations use client description and outcomes measurement to advance program impact and increase organizational success.

