

### About Esther B. Clark

Born in February of 1900, Dr. Esther B. Clark began her practice as a pediatrician in 1927. At a time when many disabled children were stigmatized by society and sheltered by their families, Dr. Clark wanted to create a center that would provide these children with diagnostic and treatment programs to meet the wide variety of their needs – all in one location. In 1953, Dr. Clark made her vision a reality with the founding of the Children's Health Council.

For more information or to schedule a visit, please contact the Esther B. Clark School:

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The Children's Health Council (CHC) was founded in 1953 by Dr. Esther B. Clark, one of the Bay Area's first pediatricians. Her pioneering spirit lives on as we strive to make a measurable difference in the lives of children and their families who face developmental, behavioral, emotional and learning challenges. Its multidisciplinary approach and areas of expertise – children with Autism Spectrum Disorders; preschool, school-aged and adolescent group therapy; children with complex medical problems; and developmental and behavioral assessment of infants through school-aged children – make it unique among care providers in the Bay Area. CHC offers assessment and treatment services to children ages 0-18 in multiple disciplines including psychiatry, psychology, neuropsychology, social work, education, behavior management, family therapy, speech and language therapy, occupational therapy and art therapy. Services are provided through four divisions:

- The Outpatient Clinic, including information and referral.
- The Esther B. Clark School, a therapeutic day school.
- Educational Services, including a Parent Resource Center, Parent Education classes and Schools Attuned® teacher training.
- Outcomes Measurement and Research, which evaluates CHC programs and provides consulting to other non-profits.

In addition, CHC offers continuing education workshops for mental health professionals and serves as a training site for psychiatry fellows, psychology pre- and post-docs, psychology interns and practicum students, and art therapy interns.



The Esther B. Clark (EBC) School is a non-public, therapeutic day school for students with significant emotional, behavioral and learning challenges. With up to eight full-day classrooms, each designed to accommodate up to twelve students, the EBC School offers specially designed curricula for students between the ages of eight and sixteen. Classroom organization and format cater to children with severe social and emotional problems, behavior problems, and mild speech and language or specific learning disabilities. Depending upon their progress, students are typically enrolled for sixteen to twenty-four months. They are also grouped according to their age and social and educational needs rather than grade level.

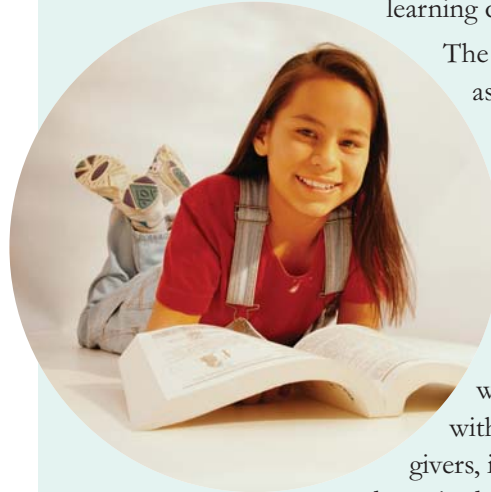
The EBC School only accepts students who are special education eligible. Tuition and other related services such as speech and language therapy, occupational therapy and transportation costs are funded by the school district.

Private parent referrals are accepted. The referral process is the same as for a district referral. Parent referrals are funded by the family.

Mental health services are generally supported through county mental health agencies.

Each EBC classroom is staffed by the following team of four professionals:

The **Special Education Teacher** and the **Teaching Assistant** help the children acquire essential academic skills and use alternative teaching strategies to overcome learning challenges.



The **Clinician** serves as the primary classroom therapist and mental health professional for the child and family. Family involvement, aimed at developing a strong working partnership with parents and caregivers, is a fundamental and required part of the service

program which enables students to make meaningful progress toward their goals.

The **Behavioral Specialist** develops specific behavior management interventions to address counter productive behaviors, while shaping and supporting more appropriate responses to day-to-day, real life situations in school and at home.



## Enrichment Programs

- Art Therapy
- Computer Instruction
- Music Therapy
- Physical Education
- Science
- Social Skills Training

## Occupational Therapy

## Speech and Language Therapy

## Comprehensive Mental Health Services

## Individual, Family and Group Therapy



## Psychiatric Services

Psychopharmacological evaluation and consultation by child psychiatrists

## School-Based Consultation and Coaching

## Parent Support and Education Programs

Therapy sessions, educational workshops and anger management training

