

Supervisor Liz Kniss introduces:



RECOGNIZING THE WARNING SIGNS OF

depression

TUESDAY, DECEMBER 8, 7:00 – 9:00 PM

and suicide

*A special FREE event!*

**Please join our multidisciplinary team of experts to discuss the answers to these critical questions:**

What are the stressors facing our adolescents?

What is typical moodiness and when is it a more serious problem?

How do you talk to your adolescent about suicide?

When should you seek help and where you should go?

**PANEL MEMBERS:**

**Katherine DeVaul, M.D.**, child & adolescent psychiatrist

**Jordan Berry**, high school coach

**Kristin France**, educational therapist

**Rosalie Whitlock, Ph.D.**, executive director, Children's Health Council

**LOCATION:**

Children's Health Council  
650 Clark Way, Palo Alto 94303

**PRE-REGISTRATION REQUIRED:**

email [parented@chconline.org](mailto:parented@chconline.org) or call Teresa Borden at 650.617.3806

  
THE CHILDREN'S  
HEALTH COUNCIL

Help for kids. Answers for families.