



SCHOOL AGE therapeutic groups

AGES 6 – 12

OUR APPROACH:

- Intervene early when problems arise to improve results
- Build upon a child's strengths to help with challenges
- Use the expertise of a team of specialists to respect the whole child

THERAPEUTIC GROUPS HELD AT:

Children's Health Council
650 Clark Way, Palo Alto, CA 94304

FOR MORE INFORMATION:

Call **650.688.3625** or email intake@chconline.org

Playground and Social Skills (PASS) Group / Ages 5 – 7

THU 4:00 – 5:15 PM

Kianna Collier, M.O.T., OTR/L and staff TBD

Does your child have trouble engaging in recess games such as four square? This group helps your child increase coordination and successfully interact with his peers during play by developing gross-motor skills, sensory regulation and social skills.

Making Friends Groups / Ages 5 – 6; Ages 6 – 7; Ages 7 – 9

Ages 5 – 6: MON 3:45 – 5:00 PM

Ages 6 – 7: TUE 3:45 – 5:00 PM

Ages 7 – 9: THU 4:15 – 5:30 PM

*Carol Wong, Ph.D., Andy Sweet, M.S.W.,
Brianna Coffino, M.A. and Lauren Mikula, M.S.*

Does your child have difficulty knowing what to say and how to respond to his peers? From foundational development tasks such as listening to others to complex social demands such as putting yourself in someone else's shoes, this group develops social-cognitive, problem-solving and communication skills.

Impulse Regulation Group / Ages 5 – 7 / P

WED 4:00 – 5:15 PM

Beth Pearson, Ph.D., Brianna Coffino, M.A. and Andy Sweet, M.S.W.

Is your child missing social cues because his body is moving so fast? This group helps your child get along with his peers by practicing conversational skills, whole-body listening, impulse control and problem-solving techniques.

Story Scouts Group / Ages 7 – 9

Group forming in Spring: Dates TBD

Sonali Bhagat, M.S., C.C.C.-S.L.P.

Does your child have trouble telling a story or difficulty responding to questions such as, "What was the story about?" or "What did you do at camp?" This group develops your child's sequencing and storytelling skills to help him connect with you and others.

ADHD Social Skills Group / Ages 8 – 10 / P

MON 4:00 – 5:15 PM

Cynthia Medina, Ph.D., Ashley Chen, M.D. and Sam Sweet, Ph.D.

Does your child have trouble interacting with peers because of ADHD? Developing play and conversational skills, this group will help your child connect with his peers by using whole-body listening, taking turns and reading social cues.

Managing Worries Group / Ages 8 – 11 / P

THU 4:00 – 5:15 PM

Jennifer Kuhn, Ph.D., Megan Allen, Ph.D. and Brianna Coffino, M.A.

Is your child frequently overwhelmed? Do his worries get in the way of his doing the things he wants to do? This group increases your child's confidence as he learns to manage his worries.

Friends Group / Ages 8 – 11 / P

MON 4:30 – 5:45 PM

Megan Allen, Ph.D. and Kianna Collier, M.O.T., OTR/L

Does your child feel shy or struggle to stand up for himself with others especially at recess? This group will help children develop social, motor and assertiveness skills through play-based activities.

Social Thinking Group / Ages 9 – 12 / P

MON 4:00 – 5:00 PM

Anna Parnes, Ph.D., Jacqueline Reyes, M.A. and Bridget Stolee, M.A.

Does your child have difficulty understanding others and dealing with transitions and change? Based on the work of Michelle Garcia Winner, this group helps your child make and keep friends by developing attention, regulation, social skills, conversation skills and perspective taking.

Call 650.688.3625 to discuss what your child needs. Groups start in: winter, spring, summer and fall. Fees vary per group and financial assistance is available. Every group includes parent debriefing to help you translate the skills to life at home. **P** = A separate parent component is part of this group.