Anxiety and the Twice Exceptional Child

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What does it mean to be gifted?

Exceptional Cognitive Potential

We are all different from each other.

2e Kids Feel Isolated

We view the world differently.

Exceptional Reasoning—Can Do Huge Challenges

Talent is hard to recognize because of Prejudice—or Talent is so coming it masks disability.

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Great Ideas + Stunningly Processing Speed

Perfectionism + Anxiety

Understanding and Accepting the Influence of Bay Area Culture

Concept: Perfectionism

Pitfalls: Perfectionism

The Influence of Bay Area Culture

It's a Fad

Stress

Think Critically about What Might Be Driving the Anxiety

They need it to juggle all of their work and then use it at home.

Peer Problems

Difficulty Reaching Peers

Support Strategies

Never lose sight of strengths

Improve the learning environment

Tolerate nonacademic research

Get kids at the content they are interested in to help them enjoy learning

Teachers: Collaborate with them early!

I understand who I am and my own thinking in my own learning

From Goal: Self Advocacy

Help Them Re-Learn What They Are

Therapists can help

Must have buy-in trust of child

Help teachers understand the problem

Meet teachers where they are

Research, communication, call meetings

Parent Advocacy

Teacher Negativity

Help them find their tribe when their kids do.