Workshop Think Sheet: Individual Student

Think about a student in your classroom who is struggling behaviorally.

**Step 1: What do we know?**

Name his/her favorite things:

1. ______________________
2. ______________________
3. ______________________

Does this student arrive with their basic needs met? (food, sleep, medication) **Yes** or **No**

If no, what steps are in place to ensure they are fed, rested, and/or medicated?_______________
______________________________________________________________________________

How do you gauge how they are feeling when they arrive at school?______________
______________________________________________________________________________

What strategies are in place if they aren’t feeling well (emotionally, physically)?______________
______________________________________________________________________________

**Step 2: Evaluating the behavior**

What are the student’s lagging skills (missing skills that contribute to problem behavior)?
______________________________________________________________________________
______________________________________________________________________________
Workshop Think Sheet: Individual Student

What problem behavior(s) are exhibited due to lagging skills?

______________________________________________________________________________

______________________________________________________________________________

Hypothesis: what is the function of the behavior?

| Attention | Escape | Access to Tangibles |

Step 3: Make a plan!

What pro-active strategies could you put in place to support the function?

______________________________________________________________________________

______________________________________________________________________________

______________________________________________________________________________

Additional pro-active strategies that he/she may benefit from?

______________________________________________________________________________

______________________________________________________________________________

______________________________________________________________________________

What reactive strategies will support the reduction of the behavior (based on function)?

______________________________________________________________________________

______________________________________________________________________________

______________________________________________________________________________