



## Building The Beloved Community Through Cultural Humility - Parts 1 & 2

**Speaker:** Gloria Morrow, PhD

**Dates & Time:** Monday, August 24, 2020, 9am-12pm

**AND** Monday, August 31, 2020, 9am-12pm

**Location:** Virtually via Zoom

**Log In:** Register to Receive Zoom Information

**Register:** [www.chconline.org/continuing-education](http://www.chconline.org/continuing-education)

**Cost:** \$150 (does not include eventbrite processing fee of \$10.76)

**Note:** Participants **must successfully complete both courses to receive CE credit**

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### 2-Part Course Description

The entire world has been forced to pause and reset because of two major traumatic events, COVID-19 and the recent displays of racial injustice, which has amplified the need for culturally responsive mental health services to be provided to communities of all ethnic/racial backgrounds. This 6-hour training is intended to promote self-awareness to help them to become more aware of and sensitive to the cultural world of the diverse clients they serve. A special focus will be on helping participants to understand the principles of Dr. Martin Luther King, Jr.'s model, *The Beloved Community* integrated with the principles and practices of *Cultural Humility* as important in helping mental health professionals to provide more effective culturally responsive services to communities of color. In addition, because of the increasing need for mental health services in this time in history, an additional focus will be on self-care for mental health providers. A safe and nurturing virtual space will be maintained with opportunities for engagement through the use of the break room and chat features.

### Goals & Objectives

Upon completion of the 2-part training, participants can be expected to:

1. Describe the general framework of The Beloved Community and Cultural Humility.
2. Discuss new applied research reflecting trends, phenomenon, and importance of mental health providers becoming culturally responsive.
3. Use a reflective or experiential activity focused on the impact of current social political climate
4. List the threats/barriers to The Beloved Community and Cultural Humility.
5. List strategies and best practices for using cultural humility to assist in building The Beloved Community.
6. Describe strengths, advocacy and self-care in this current challenging environment.

### About the Speaker

**Gloria Morrow, PhD** is one of the nation's leading clinical psychologists, who devoted her early career to teaching students in undergraduate and graduate psychology programs. As an academician, clinician and author, her teaching, counseling and books have helped thousands of people find true inner healing. Dr. Morrow is the Director of Behavioral Health for Unicare Community Health Center. Dr. Morrow is a Master Trainer for the CBMCS (California Brief Multicultural Competency Scale) Training Program, and she helped to develop the training curriculum. This program focuses on the four major ethnic groups: African American, Asian/Pacific Islanders, Hispanic/Latino/Mexican American, and American Indian/Native American. In addition, she has facilitated several workshops and seminars focusing on cultural competency issues. Her work surrounding the role of Spirituality in recovery has gained notoriety with the development of a three-day training and handbook entitled S.A.F.E. (Spirituality and Faith Empowers) to equip the faith community and mental health professionals to help hurting people. Dr. Morrow also speaks on topics focusing on trauma and domestic violence. Dr. Morrow serves as a leadership coach who helps leaders to become more effective leaders, and organizations to become better organized and equipped for success.

### Approved for 6 hours of continuing education credit upon completion of Parts 1 & 2 for:

- Psychologists: CHC is approved by APA to provide continuing education. CHC maintains responsibility for this program and its contents.
- For LCSWs and LMFTs: Effective 7/1/17, the BBS no longer has its own approved providers. Rather, the BBS will recognize CE classes offered by organizations approved by a few agencies, including APA. CHC is an APA approved sponsor.
- SLPs as required by the Speech-Language Pathology, Audiology & Hearing Aid Dispensers Board (PDP 350).

**Register online at [www.chconline.org/continuing-education](http://www.chconline.org/continuing-education)**

**DEADLINE FOR REGISTRATION FOR PARTS 1 & 2: FRIDAY., AUG. 21, 2020 @ 5:00 PM.** For questions, please call 650.617.3853. For reasons of confidentiality, this course is open to professionals only.

