



# Supervision for the Vicarious Traumatization Context: Guarding & Sustaining Your Therapists

**Speaker:** Rick Williamson, PhD

**Date:** Wednesday, October 20, 2021, 9am - 12pm **AND**  
Thursday, October 21, 2021, 9am - 12pm

**Location:** Virtually via Zoom

**Deadline to register:** Monday, October 18, 2021

**Cost:** \$150 (does not include processing fee of \$10.76)

**NOTE:** Participants must successfully complete  
both courses to receive CE credit

**Register:** [www.chconline.org/continuing-education](http://www.chconline.org/continuing-education)

Despite therapists' training and experience as professional change agents in support of others, they give relatively little attention to the hazards of their craft. They also pay less attention to the protective role that effective supervision has in this regard. This workshop addresses the psychological hazards associated with the provision of care to populations vulnerable to traumatization. It will specifically address the impact of vicarious traumatization on clinicians as well as on supervisors of clinicians who work with traumatized populations. The role of effective competency-based supervision implementation will be emphasized as a protective factor for clinicians, and as a facilitative factor for treatment efficacy for clients. The workshop will provide supervising therapists information on competency-based supervision and how this can be applied to clinicians involved in trauma-informed care. The workshop will help attendees identify ways to promote their own psychological resilience against vicarious trauma and promote a collective responsibility in supervisors and supervisees for health and wellbeing within the context of trauma work.

## Goals & Objectives

1. Participants will be able to discuss the potential impact of trauma dynamics on therapists and the supervisory context.
2. Participants will be able to list the 5 skills domains of the Components for Enhancing Clinician Engagement and Reducing Trauma approach.
3. Participants will be able to describe how supervision facilitates protective practices within the therapy encounter for trainees.

## About the Speaker

**Dr. Rick Williamson**, clinical psychologist, organizational consultant and speaker whose aim is to equip care professionals to flourish and work sustainably in light of the challenges of their various environmental contexts. Dr. Williamson earned a (B.A.) from Princeton University; and a (M.A.) in Theology and (Ph.D.) in Clinical Psychology from the Fuller Graduate School of Psychology. He performed his Clinical Psychology Internship at Howard University and APA Post-doctoral Research Fellowship at UCLA.

## Approved for 6 hours of continuing education credit for:

- Psychologists: CHC is approved by APA to provide continuing education. CHC maintains responsibility for this program and its contents.
- For LCSWs and LMFTs: Effective 7/1/17, the BBS no longer has its own approved providers. Rather, the BBS will recognize CE classes offered by organizations approved by a few agencies, including APA.
- SLPs as required by the Speech-Language Pathology, Audiology & Hearing Aid Dispensers Board (PDP 350).

## Deadline for Registration

**Monday, October 18, 2021 @ 5:00 PM.** For reasons of confidentiality, this course is open to professionals only. CHC is handicapped accessible, if you require special accommodations, reach out to [acheang@chconline.org](mailto:acheang@chconline.org).