



Developmental Psychopathology, ADHD & Stigma: A Synthesis

Speaker: Stephen Hinshaw, PhD

Dates: Monday, March 21, 9am-12pm AND

Tuesday, March 22, 9am-12pm

Location: Virtually via Zoom

Deadline to register: Thursday, March 17, 2022

Cost: \$150 (does not include processing fee of \$10.76)

NOTE: Participants must successfully complete both courses to receive CE credit

Register: www.chconline.org/continuing-education

2-Part Course Description

A class for all levels of professionals, I will begin by reviewing developmental psychopathology principles, which can inform discussions of neurodevelopment, ADHD, and treatments. I then move into the contentious and important area of ADHD as a key exemplar. I include core mechanisms, developmental trajectories, etiologic factors, sex differences (including longitudinal studies of girls with ADHD), and rising prevalence. I discuss evidence-based treatments, and comorbidities, as well. After reviewing reasons for the dramatic increases in diagnosed prevalence in recent decades, I move on to the crucial area of mental illness stigma--including stigma related to ADHD and other neurodevelopmental conditions.

Goals & Objectives

1. Discuss and apply principles of developmental psychopathology to conditions like ADHD.
2. Analyze the patterns of heterotypic continuity and equifinality to ADHD.
3. Analyze the components of multi-modal treatment (including psychosocial and medication interventions) to promote optimal growth for people with ADHD.
4. Synthesize core elements of mental illness stigma to the pursuit of humanization and access to evidence-based care.

About the Speaker

Stephen Hinshaw, PhD is Professor of Psychology at the University of California, Berkeley, where he was Department Chair from 2004-2011. He is also Vice Chair for Psychology and Professor of Psychiatry at the University of California, San Francisco. He received his B.A. from Harvard (summa cum laude) and, after directing alternative school programs and residential summer camps, his doctorate in clinical psychology from UCLA. His work focuses on developmental psychopathology, clinical interventions (especially mechanisms of change), and mental illness stigma, with a major focus on ADHD. He has directed summer research programs and conducted clinical trials and longitudinal studies for boys and (more recently) for girls with inattention and impulse-control problems, along with many comorbid disorders, having received over \$20 million in NIH funding.

Hinshaw has authored over 325 articles and chapters (h-index, Google Scholar = 101), plus 12 books, including *The Mark of Shame: Stigma of Mental Illness* and an *Agenda for Change* (Oxford, 2007), *The Triple Bind: Saving our Teenage Girls from Today's Pressures* (Ballantine, 2009), and (with R. Scheffler) *The ADHD Explosion: Myths, Medications, Money, and Today's Push for Performance* (Oxford, 2014). His newest book, with St. Martin's Press, *Another Kind of Madness: A Journey through the Stigma and Hope of Mental Illness*, features his family experiences of mental illness with a pointed call to reduce stigma.

From 2009-2014 he was editor of *Psychological Bulletin*, the most cited journal in general psychology. He is a fellow of the Association for Psychological Science, the American Psychological Association, and the American Association for the Advancement of Science (AAAS). He received a Distinguished Teaching Award from UC Berkeley's College of Letters and Sciences in 2001, and his Teaching Company ('Great Lecture') series, "Origins of the Human Mind," was released in 2010. His research efforts have been recognized by California's Distinguished Scientific Contribution in Psychology Award (2009), the Distinguished Scientist Award from the Society for a Science of Clinical Psychology (2015); the James McKeen Cattell Award from the Association for Psychological Science (2016)—its highest award, for a lifetime of outstanding contributions to applied psychological research; and the Distinguished Scientific Contributions to Child Development Award from the Society for Research in Child Development, joining such past recipients as Konrad Lorenz, John Bowlby, Mary Ainsworth, Eleanor Gibson, Michael Rutter, Jerome Bruner, and Jerome Kagan. Overall, he was one of the 10 most productive scholars in the entire field of clinical psychology across the past decade.

Approved for 6 hours of continuing education credit for:

- Psychologists: CHC is approved by APA to provide continuing education. CHC maintains responsibility for this program and its content.
- For LCSWs and LMFTs Effective 7/1/17, the BBS no longer has its own approved providers. Rather, the BBS will recognize CE classes offered by organizations approved by a few agencies, including APA.
- SLPs as required by the Speech-Language Pathology, Audiology & Hearing Aid Dispensers Board (PDP 350).

Deadline for Registration

Thursday, March 17, 2022 @ 5:00 PM. For reasons of confidentiality, this course is open to professionals only. CHC is handicap accessible, if you require special accommodations, reach out to acheang@chconline.org.

