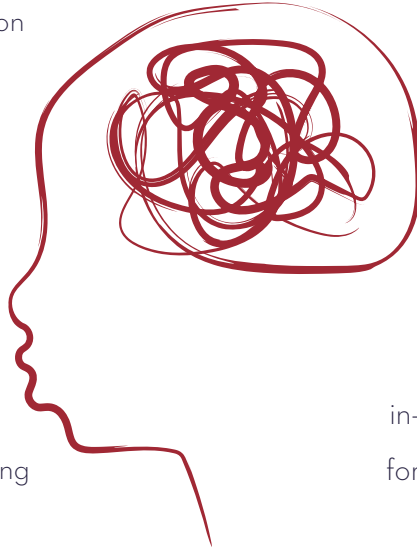


RESTORING YOUTH MENTAL HEALTH

STRATEGIES FOR CONNECTION AND CARE

Join us for an engaging panel discussion on youth mental health with Lynn Lyons, Dr. Meag-gan O'Reilly, and Challenge Success co-founder, Dr. Denise Pope. The panel discussion is part of our fall conference as well as one of our commitments to the U.S. Surgeon General's call to action on the youth mental health crisis. This interactive evening



will also feature local adolescent students and provide attendees with concrete strategies for improving youth mental health in their schools and families. We are thrilled to have the opportunity to return to our traditional Friday evening format for these in-person panel discussions. We look forward to seeing you!

Stanford University, Stanford, CA | September 16, 7:00-8:30 p.m.

\$20 for adults, free for students; register at challengesuccess.org

Meag-gan O'Reilly



Dr. Meag-gan (she/her) is a licensed Psychologist, self-worth expert, DEI Consultant, and the co-founder of Inherent Value Psychology INC. She obtained her Post-Doctoral Fellowship and Alumni status from Stanford University where she served as a Staff Psychologist and Coordinator of Outreach Equity and Inclusion for six years.

Lynn Lyons



Lynn Lyons (she/her) is a psychotherapist, speaker, and author with a special interest in breaking the generational cycle of worry in families. She is the author of several books and articles on anxiety, including with co-author Reid Wilson *Anxious Kids, Anxious Parents*. Her latest book, *The Anxiety Audit*, will be released in October.

Denise Pope



Dr. Denise Pope (she/her) is a Challenge Success Co-Founder and a Senior Lecturer at the Stanford University Graduate School of Education, where she specializes in student engagement, curriculum studies, and qualitative research. She is the author of *Doing School*, and co-author of *Overloaded and Underprepared*.

